



News from Miss Tanner...



Botany Club

Over the next 4 weeks we have a special visitor delivering Botany lessons. Very interesting!

http://childrensuniversity.com.au/adults/learning-destinations/why-become-a-learning-destination/?cu_region=SA



Attendance

Our Overall Attendance 93.5%

Let's aim for 94!

Keep up the good work!

Phil Cummings Visit



SWAT Teams!



Room 17 Practising Yoga for Kids



CU Piano Lessons



You are invited to our **Positive Parenting Sessions.**

This is a fantastic opportunity to take. You are welcome to attend one or all of the seminars.

Where: Hampstead Primary School Kitchen

When: Friday 31st August, Friday 7th September, Friday 14th September

Time: 1-3pm: Refreshments will be available along with crèche if you need.

What is Positive Parenting?

Selected Triple P is a "light touch" parenting information presentation to parents who are generally coping well but have one or two concerns.

There are three seminar topics with each taking around 60 minutes to present, plus 30 minutes for question time.

The Selected Triple P Seminar Series is designed to be a brief introduction to the Triple P strategies and will give the parents and carers you work with great ideas to take home and try out with their family.

What is covered in sessions with parents?

Seminar 1: Positive Parenting. Practitioners introduce parents to the five key principles of positive parenting that form the basis of Triple P. These principles are:

- Ensuring a safe engaging environment.
- Creating a positive learning environment.
- Using assertive discipline.
- Having reasonable expectations.
- Looking after yourself as a parent.

Seminar 2: Raising confident and competent children. In this seminar, parents are introduced to six core building blocks for children to become confident and successful at school and beyond. These competencies are:

- Showing respect to others.
- Being considerate.
- Having good communication and social skills.
- Having healthy self-esteem.
- Being a good problem solver.
- Becoming independent.

Seminar 3: Raising resilient children. Parents are introduced to six core building blocks for children to manage their feelings and become resilient in dealing with life stress. These competencies are:

- Recognising and accepting feelings.
- Expressing feelings appropriately.
- Building a positive outlook.
- Developing coping skills.
- Dealing with negative feelings.

